

CIRCULAR

HRD Department

Our Ref: HRD /Art of Living

19/03/2008

Sub: Art of Living Course regd.

The 'Art of Living' course by Shri Shri Ravishankar ji foundation is conducted by HRD for the well being of the BIS employees. It is important to assess the usefulness of this course for any modification /improvement. It is proposed that the employees who have participated in this course earlier to provide feedback as regard to the benefits they have acquired through this course. A questionnaire seeking to obtain the requisite information has been prepared by HRD and attached herewith for reference.

**Amitav Sinha
Dir (Admn.)**

Circulated to all dept. at HQ/ROs/BOs/NITS/CL

Feedback Regarding “Art of Living” Course

- a) Name of the employee with Designation:
- b) Department:
- c) Whether satisfied with the course attended:
 - 1) Very satisfied
 - 2) Somewhat satisfied
 - 3) Not at all satisfied
- d) Do you practice the techniques taught.
 - 1) Yes, Regularly
 - 2) Yes, Off and On
 - 3) Do not practice at all
- e) Do you think the techniques taught under this course are useful in general?
 - 1) Yes very useful
 - 2) Yes somewhat useful
 - 3) Of no use at all.
- f) Would you recommend this program to your friends/colleagues
 - 1) Yes highly recommended
 - 2) May be recommended
 - 3) Not recommended at all
- g) Any other suggestions/comments

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